

Puri Mas Spa Resort



SPA MENU

BABOR

Recommended by:
CONDÉ NAST
johansens
Luxury Hotels • Spas • Venues

Puri Mas Boutique Resorts & Spa
Jl. Raya, Mangsit Beach, Senggigi,
Lombok NTB, Indonesia
E mail: info@purimas-lombok.com www.purimas-lombok.com
Reservations: Tel: 62 (0) 370 693 831

IN THE KNOW WITH ESSENTIAL OILS

- Clary Sage** Has the ability to balance and strengthen while still relaxing and calming the mind. As a skin care, it can help prevent excessive sweating, and is recommended for oily skins.
- Ginger** The scent of ginger is said to increase motivation, and will the inner strength. It is helpful to relieve lower back pain and muscular pain.
- Geranium** A fragrance widely used in many cosmetic products. It is well known for its balancing action including PMS (pre-menstrual tension, and is valuable for dry, oily or combination skins.
- Jasmine** Jasmine often known as “Queen of the Night” has been used as an aphrodisiac for centuries. It is also considered one of the most effective essential oils for nervous anxiety, restlessness and depression. In skin care Jasmine is often used to treat dry and irritated skin.
- Lavender** Lavender has a harmonizing effect on our nervous system, particularly helpful for relaxation and a restful sleep. Lavender is also used in many skin preparations, having antiseptic properties. It can be especially useful for treating insect bites.
- Lemon** A refreshing essential oil helping to clear away dead and damaged skin cells.
- Lemongrass** The refreshing scent of lemongrass can be uplifting and energizing. It is useful for clearing the mind. As a skin care it is often used in cleansing lotions and astringents.
- Mandarin** This delicate aroma is uplifting breathing a message of happiness; it is also used in skin care, being particularly useful in controlling oily skin.
- Neroli** It is said Neroli can relax the nerves and uplift the spirits. As a skin care, it is recommended to reduce redness and irritation. It is beneficial for all skin types, especially dry, sensitive skin with broken capillaries.
- Nutmeg** The aroma of nutmeg can act as a tonic, stimulant or pick me up. Nutmeg can help with general fatigue, it is particularly effective when added to massage for its warming properties for muscular aches and pains.
- Patchouli** Patchouli has a harmonizing and stabilizing effect on the mind. In skin care it can have a disinfecting, regenerating and moistening effect.
- Peppermint** Peppermint oil is often used in liniments for the relief of muscle pain as it has an aesthetic quality. It is also frequently used in the treatment of stomach pains, nausea, and travel sickness. In skin care peppermint can be used to relieve irritation or itching, and as a cleanser, decongestant and skin tonic.
- Rose** A centuries old essential oil known for its sensual qualities, relieves nervous tension and refreshes the spirit.
- Sandalwood** A soothing and relaxing effect, sandalwood is particularly effective for the relief of headaches. In skin care, sandalwood is soothing and moisturizing, particularly useful for dry skin and inflammation.
- Ylang ylang** Ylang ylang is commonly used as an aphrodisiac, in Java the flowers are strewn on the bridal bed of newlyweds. Also known as Cananga oil, this oil has been known to be beneficial when blended with Clary Sage and Neroli in the treatment of PMS. As a skin care it softens and balances the moisture in the skin recommended for dry and oily skins.

WELCOME TO

THE PURI MAS SPA RESORT & PURI MAS LUXURY SPA

Puri Mas Spa Resort is the only dedicated Spa Resort in Lombok, recommended by Conde Nast Johansen's Luxury Spas of the world. Our unique Spa Location has been carefully and beautifully designed to provide all our guests with treatments to unwind and restore balance to the mind and body, as well as enhance your experience within the Puri Mas Resort.

Puri Mas luxury Spa uses only the finest products for your face, body, hands, & feet. Puri Mas Spa recommends **“Babor International” for your face and body, & “Alessandro” Germany for your nails.**

Whether it is a Traditional Indonesian Massage, Babor Body or Facial Ritual, an Alessandro Manicure or other exotic treatment: a visit to the Puri Mas Luxury Spa definitely falls into the category of **“Innate Pleasure”**.

Entering the Puri Mas Spa Resort permits you the **"disconnect you deserve"**. **Leave your worries behind** and enhance your **“Body, Mind & Spirit”**.

Puri Mas Spa Resort is located 2km inland from the Puri Mas Beach Resort in the valley of Kerandangan. It is set amidst one hectare of tropical gardens with **vanilla, cocoa, cashews** and other interesting plants, including many species of exotic palm trees and other tropical flora.

It is the aim of our gracious Spa Therapists trained by Babor International, to give you an uplifting and unforgettable experience, in a professional manner, never losing sight of the traditional Indonesian charm that we all value so much as visitors to Puri Mas, and Indonesia.

REVITALISING POOL – A COMPLIMENTARY TREATMENT ONLY AVAILABLE IN PURI MAS SPA RESORT

You will find our Revitalising Pool in the grounds of our Spa Resort close to the Temple of Peace.

The revitalising pool is especially designed to change the molecular compound of the water, scientifically proven, this molecular change enables the water to be more easily absorbed into the skin, moisturising and refreshing you. This treatment is excellent for sunburn, sports injuries, joint pain and a general feeling of wellbeing. We **recommend a minimum of 10-30 minute** session. You will not regret this very special hydro treatment.

Advice: Submerging your head is NOT recommended!

Museum of Asian & European Arts, Antiques & Artefacts

Marcel De Rijk, owner of Puri Mas Boutique Resorts & Spa has been an avid traveller for many years. He has developed an enviable collection of arts and antiques from around Asia and Europe which guests are invited to view in the ancient 200 year old Joglo House which is located in the gardens of Puri Mas Spa Resort.

SPA RESORT DINING

Whether you are staying at the Spa Resort in the remarkable Spa Villa Accommodation, visiting from the Beach Resort or a visitor from outside; dining in the Puri Mas Spa Resort is an experience not to be missed during your stay or visit with us. Choose from the famous Rijsttafel Menu, an ancient style of eating brought to Indonesia during the time of the Dutch Colonial era. Authentic Indonesian cuisine is our specialty, however, delicious breakfasts, lunches and international recipes are also available from our resort menu. So many places to enjoy a romantic dinner, from your private terrace if you are our guest, the Javanese floating pavilions, poolside, the beautiful Joglo House or Balinese Bale – the choice is endless and all bewitching.

HOW TO FIND PURI MAS SPA RESORT

IN HOUSE GUESTS: Complimentary Transport is available for all IN-HOUSE GUESTS who may move between the **Beach and Spa Resorts** on request – **please ask the Reception Staff for a driver.** You do not need to have a Spa Treatment to visit the resort. **Ask about our Visit The Spa Resort Day Packages!!**

VISITORS: Our Spa is open to visitors. **Visitors enjoying Spa treatments are invited to enjoy the pool & restaurant facilities at the Spa Resort. Complimentary pick up and drop off is available in the Senggigi and Mangsit areas. Our Spa is just 4km from Senggigi.**

WHY PURI MAS RECOMMENDS BABOR INTERNATIONAL SPA PRODUCTS

Spa and Wellness is my passion. My goal when it came to choosing the Puri Mas Spa Treatment range was to offer clients a well-researched product that would show results in an instant, be of excellent value, and be available to clients Internationally.

It was essential that our Puri Mas Spa Therapists received on going professional training that included product knowledge with updated, modern treatments, in line with our objective to utilise as many natural products as possible while still achieving amazing results. A product we all felt good about, and proud to offer to our guests!

I also wanted to guarantee that Puri Mas Spa and our Therapists received ongoing support and commitment from the chosen Company.

*After exploring a remarkable number of products accessible to the Spa Industry, I came to the conclusion that nothing outweighed the astounding skin care, beauty range and company professionalism of **Babor International Spa**.*

It is my wish that you enjoy using Babor products as much as we do.

Relax - let us take you on a journey of unadulterated pleasure!!

Sara Sanders
General Manager

BABOR
SPA

ABOUT BABOR SPA

Babor Spa International products are based on natural ingredients from plant, marine and earth sources.

Baborganic is exactly as it sounds, one of Babor's most amazing product ranges. It is totally natural, a skincare using natural extracts, including certified ingredients, cultivated in compliance with strict Organic Standards of availability and species protection.

Babor offers you a full line of skin care products that contain only the finest botanical ingredients. Babor products are **non- animal tested**. They offer the most potent and effective, naturally sourced ingredients, combined within technologically advanced formulas that are proven non-comedogenic. (*Non-comedogenic* is a term applied to oils, lotions, and skin creams that do not block our pores).

Babor is an internationally recognised brand that has been available throughout Europe for the last 55 years and is now **storming through Asia and Australasia**.

Babor products have a growing popularity amongst many celebrities because of its natural ingredients and effective ability to enhance any skin care routine.

Discover BABORs holistic philosophy of beauty first hand: with individual exclusive treatments for unique moments of indulgence. Immerse yourself in the world of luxurious pampering, beauty treatments, forget the stress of your daily routine, and leave the outside world behind. Simply recharge your batteries.

Enjoy the luxury of beauty. Experience the new sensation of relaxing and unwinding totally.

We want you to be inspired!!

Babor products are available today from our retail Spa Shop and on line.

Puri Mas Spa Therapists are Babor trained and can advise you on the best facial care and body treatments for your skin type.

All prices are Net
Puri Mas In-House Guests Receive 10% Discount From All Spa Treatments

SOUND MESSAGE

USING TIBETAN SINGING BOWLS

We all know how deeply we can be affected by sound, whether it is the dulcet tones of a romantic voice, or an annoying style of music that doesn't appear to fit our age group!! Sound and rhythm can bring us up, or take us down, make us cry or jump and dance for joy.

Sound Massage with Tibetan Singing Bowls has been used since ancient times in India and especially in the Himalayas for healing.

The sacred scriptures of India state that men have been created from vibration/sound.

So why take a Sound Massage Therapy - will you really feel anything?

Most of us are "out of tune" with our bodies. People suffer **physical** aches and pains, such as headaches and migraines, lack of energy, joint pains, digestive problems, organ dysfunction, sciatica, back problems, as well as mental and emotional pain, for example low self-esteem, hyperactivity, anxiety, depression, fears and worries. Perhaps all of us have at least one of these issues going on at any one time.

Sound massage with the singing bowls has shown a remarkable and swift improvement in many cases of physical or mental and emotional pain. Pains seem to melt away and one feels that emotional heaviness such as worry or depression can be lifted, leaving one to feel a pleasant lightness. The energy body, the aura, is cleared and one feels refreshed as if a burden taken off one's shoulders.

Sound massage affects each cell of the body. When sounding the singing bowls on or near the body the vibration of the sound reaches each and every cell via the water in our body. The healing sound vibration will gently flow into the body. Sound massage has an immediate beneficial effect of bringing the vibrating cells back into a harmonious state.

The subtle vibration can be very precisely directed by placing the singing bowls on or near a tensed area of your dressed body. The bowls are struck with a felt hammer. The issuing vibration leads to first loosening the stagnant energy and then helps it to be rearranged.

Hearing and being bathed in the harmonious sounds leads to rapid and effective deep relaxation with a de stressing effect. The sounds help you to deal effectively in daily life and enhance your creativity. New energies are released and self-healing can mobilised.

The rich overtones take you into a very deep place inside yourself rarely experienced by people – from there clarity may appear by way of seeing solutions about long-held problems which may come as a flash of an image into your mind.

The only requirement from **you** our guest is to **listen, relax and become one with the vibration and sound**.

The Puri Mas Staff have been trained in the art of **Singing Bowl** practises. The singing bowls used are of the highest quality, made from 12 metals crafted by traditional singing bowl craftsmen.

Seven of the metals correspond to 7 planets, for example, gold-sun, silver-moon, copper-Venus. In addition to these 7 metals there are 5 further metals carefully chosen, and in addition there is a small piece of an ancient bowl added to act as a transformer of ancient wisdom.

We recommend you do not do anything strenuous or too thought processing for approximately 30 minutes to an hour following your sound therapy.

Treatment Time: 60 mins. Rp. 560,000



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PURI MAS SPA MASSAGE TREATMENTS

A QUICK PICK

Totok Wajah – a truly dreamy treatment!

It is also named the face-lift massage, believing that regular massage to the facial area will release muscle stiffness and increase blood flow giving renewed life to tired, lifeless skin.

The treatment ends with a warm compress of sesame seeds and green tea to stimulate the Marma Points of the face.

Treatment Time: 30 mins Rp. 180,000

HOT STONE MASSAGE – PLEASE REFER TO THE BABOR SCENTAO HOT STONE TREATMENT

LOMBOK HERBAL COMPRESS & WARM COCONUT OIL MASSAGE

Derived from the traditional steamed Thai Herbal Compress, this desirable and relaxing treatment relieves aching muscles, preparing them for the massage as warm herbs are absorbed into the skin. A warm coconut oil massage completes this treatment. **Treatment Time: 1.5hrs Rp. 560,000**

RELAXING AROMATHERAPY MASSAGE (a favourite amongst clients!)

Your therapist will blend essential oils to match your mood together with our quality carrier oil of soy or cold pressed coconut. Gentle rhythmic pressure is applied all over the body using lomi lomi long strokes along the length of the muscles. This massage relaxes the muscles easing joint movement.

Treatment Time: 1hr Rp. 325,000

ACCUPRESSURE MASSAGE

A traditional Indonesian therapy uses blended essential oils to massage the whole body. Combines stretching, and gentle pressure or deep tissue massage with the palms and thumbs to improve blood circulation, ease stress and calm your mind resulting in a completely relaxed feeling. Please state your preference of soft, medium or strong pressure.

Treatment Time: 1hr Rp. 350,000

SHIATSU MASSAGE-No oil is used in this technique.

The effect of this massage is to reduce strain on the neck and shoulders.

Shiatsu massage uses acupressure techniques, which are applied with hands, thumbs, elbows and knees. The acupressure technique is similar to the acupuncture therapy in Traditional Chinese Medicine

Treatment Time: 1hr Rp. 300,000

Foot Reflexology - Foot Massage

Reflexology Package Face for Hands & Feet

It is believed that the ancient art of healing through massage and applying pressure to reflex points on our feet,

face & hands can improve the wellbeing and balance of the body. Reflexology is very enjoyable; however, some people may find foot reflexology a little uncomfortable, in which case we recommend a relaxing foot massage instead with pure essential oils. **To gain the most benefit from reflexology we recommend you take the face, hands & feet package.**

Foot Reflexology

Treatment Time: 35min Rp. 190,000

Reflexology Package: 45min Rp. 280,000

Hair and Scalp Treatment – can be combined with a massage or facial!!!

Sun, Sea and especially chlorine can play havoc with your hair. This amazing natural treatment will leave your hair and scalp feeling fresh, moisturised and full of life!

Hair must be wet: This hair and scalp ritual begins with a gentle massage of your décolleté (chest area) and face, slowly moving up to the hairline where a blend of creamy coconut milk and yoghurt is gently massaged through the hair and into the scalp. **Treatment time is 30 minutes and ends with a gift of a beautifully tied headscarf of traditional cloth.**

For all hair and skin types – **for extra conditioning leave on longer** – or rinse in the shower 30 mins, following your treatment. **Rp. 215,000 (30 mins – includes a traditional material headscarf gift)**

PURI MAS SPA ETIQUETTE

FOLLOWING THE ADVICE BELOW WILL

HELP **US** TO GIVE **YOU** THE **BEST** SPA EXPERIENCE!

APPOINTMENTS:

Please make your treatment **appointment** with our **Spa Receptionist located at our Lobby, or dial Ext.207 from your room.**

PLEASE BE ON TIME:

30 minutes prior to your appointment please be **in our Lobby** to meet your transport. There is a 2km drive to our beautiful Spa!

LATE ARRIVAL

We ask you please not to run late for your appointment - **it will result in a reduced treatment time for you, as we cannot run late for the next appointment. In fairness to all patrons of our Spa we ask all guests to please respect the request to be on time.**

WHAT TO WEAR

A sarong and disposable underwear will be provided for your comfort during your treatment

JEWELLERY

We advise you **NOT** to wear jewellery during your spa treatment. Please place valuables in your in room safe. You are responsible for your own belongings at all times!

SHOWERING

Please allow sufficient time to shower prior to your treatment, especially if arriving from the beach or other strenuous activity such as a waterfall climb.

YOUR THERAPIST

We have **MALE** and **FEMALE** therapists: **if you have a preference of gender for your therapist please let us know when making your appointment. We cannot always guarantee your preference of gender will be available without prior confirmation.**

MEDICAL WAIVER

Your therapist will ask you to complete a medical waiver with specific and important questions.

Please ensure you advise your therapist if you have any of the following or other health issues/ailments:

- ❖ Injuries new or old
- ❖ Any areas where you prefer not to receive a massage or treatment
- ❖ High blood pressure
- ❖ Skin issues or allergies to certain products prior to your treatment
- ❖ Athletes foot or other fungal problems
- ❖ Please remember to point out if you **are**, or **suspect** that **you may be pregnant.**

Please do not be offended should your therapist adorn gloves and or a mask – for some treatments this is for the protection of client and therapist.

All prices are Net

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Babor Facials are unique in so many ways.

50 Years of research between **Physiotherapists and Dr. Babor** have re-designed the way **Babor do Facials**. Babor Facials incorporate a specific **massage technique** so that you gain the maximum benefits to your skin from the Babor products. **Babor has a facial treatment for all skin types and needs – your therapist will recommend which treatment is best for your skin type.**

BABORGANIC FACIAL - PURELY ORGANIC – This facial is an unbelievable treatment that will give you an evenly balanced, radiantly fresh and healthy complexion. Your face is gently cleansed with an enzyme cleanser that has a mild exfoliating effect. A sugar mint Crystal Sugar peeling follows the cleansing taking away flakey, dry, unwanted skin. The face, neck and décolleté are toned with Baborganic active concentrate and massaged with the secret Babor technique. A cool moisturising mask almost completes your treatment that comes to an end with the highly effective Baborganic finishing cream. **Treatment time: 60 mins Rp. 625,000**

Why not combine your facial with a Baborganic Body Ritual giving your body the treat it deserves!

Mimical Control Treatment – Gently eases microtensions and minimizes wrinkles - stimulates the skin to release happiness hormones!! A treatment to make your expression lines vanish and leave your skin looking relaxed with a rosy, radiant glow. **Treatment Time: 60 mins Rp.625, 000**

Calming Sensitive Treatment – Calms & Rebalances – Soothes and strengthens the skin

Enjoy the experience of gentle care for your sensitive complexion. This treatment calms irritated, stressed skin and intensively regenerates the body's own protective mechanisms. **Treatment Time: 60 mins Rp. 500,000**

Perfect Combination Treatment – Refines & Clarifies the Skin into Balance

Oily or combination skin is perfectly rebalanced, leaving the complexion looking fresh and blushing, clarified and mattified (not oily). Reduces blemishes and gives pores a much more refined appearance. **Treatment Time: 60 mins Rp. 435,000**

Detox Firming Algae Treatment

Refreshes and thoroughly hydrates your skin while relaxing your mind. Algae extracts firm your skin while adding much needed trace elements and vitamins to revitalise. A unique peel off mask for your face and eyes leaves your skin looking plumped and hydrated. **Treatment Time: 60 mins Rp. 600,000**

Advanced Biogen Treatment – Intensively regenerating for the face – A Power Regenerator

This intensive, plant-based, fresh-cell treatment regenerates, strengthens and vitalizes stressed skin, with results you can see and feel, leaving your complexion looking youthfully fresh and invigorated.

Treatment Time: 60 mins Rp. 430,000

Alessandro – International Master of hands, feet and nail care.

Alessandro Manicure

Nails are cleaned and hands soaked in a delicious honey nail bath. A sugar almond nail peeling is applied to refresh the skin and nails; cuticles are nourished, trimmed if necessary. A rich lifting hand cream is applied followed by ridge filler if necessary and a nail polish colour of your choice.

Rp. 350,000 (single treatment 45 mins)

Alessandro Pedicure

Nail polish is removed. Feet are soaked in Alessandro Pedix bubble bath. Exceptional Go Lightly liquid will reduce any stubborn skin and callouses on heels and toes if necessary. Cuticles are softened and trimmed if necessary. An exfoliation of the skin including a sugar almond nail peeling is followed by an application of the one-minute pedicure product; a scrub revives and energises the lower legs and feet. Royal Cream Age Complex Mask is applied and the treatment is almost finished with an application of Smooth Effect Rescue Balm. Your choice of nail polish is the finale leaving your feet feeling as light as air!

Rp. 350,000 (single treatment 45 mins)

Combine Hands & Feet - treatment time 90 mins. Rp. 575,000

Alessandro French or normal Polish – Manicure/Pedicure not included

Hands or feet: Rp. 200,000 treatment time 30 mins.

Combined hands and feet: Rp. 300,000 treatment time approx. 45 mins.

Alessandro Warm Wax Rejuvenation moisture treatment: A combination of warm soft wax blended with fragrant essential oils. Recommended for dry hands or feet it helps to preserve moisture in the skin. The treatment begins with a peeling of hands or feet, after that a moisturising serum is applied and hands or feet are covered with the warm paraffin and wrapped in towels. After 15 minutes the soft paraffin is removed and a rejuvenating cream is massaged into your hands, forearms or feet for protection and nutrition.

This treatment can be added to your manicure or pedicure or on its own for a very special relaxing moisturising anti aging ritual.

Hands & Forearms/Feet & Lower Legs Rp. 300,000 (30 mins)
Manicure or Pedicure accessory Rp. 250,000 per hands or feet treatment

ANGEL PRO GEL NAIL PREPARATIONS NEW FROM KOREA

Gentle on Nails - Professionally Applied

PRICES DO NOT INCLUDE SOAK OFF MANICURE OR PEDICURE		
MENU	PRICE RUPIAH	TIME
CLEAR ONLY	300,000	1.5HR
ONE COLOUR	350,000	1.5HR
TWO COLOUR/FRENCH POLISH	400,000	2HR
NAIL ART	450,000	2HR
DIAMONTE DECORATION	30,000/PER/ITEM	
TOUCH UP/BOTH HANDS	250,000	35 MINS
SOAK OFF/BUFF/CLEANSE	250,000	1HR
SOAK OFF ONLY	125,000	1HR

NON DAMAGING ANGEL PRO IS A NEW NON TOXIC PRODUCT FROM KOREA THAT HELPS YOUR NAIL POLISH TO LAST LONGER, NAILS GROW FASTER WITHOUT DAMAGING & CHIPPING

BABOR CELLULITE 3D

IF WE HAVE IT WE HATE IT – NOW THERE IS A SOLUTION TO CELLULITE FROM BABOR!!

Here's what Vanity Fair Magazine has to say:

I give it a big 10 out of 10! The Babor Ultimate 3D cellulite cream is extraordinary. You can feel it working, literally"

Babor 3D Cellulite Cream is a concentrate of potent ingredients that stimulate fat breakdown while smoothing and firming to reduce the appearance of cellulite. Peptides, caffeine and menthol in the Babor Derma Cellular Ultimate 3D Cellulite cream stimulates microcirculation, reducing cellulite from beneath the skin, while Aloe Vera and almond milk nourish and hydrate to smooth the skin's surface for a visibly improved appearance.

We recommend the product is applied one time per week by a professional therapist, followed up daily with a self-massage in areas of more predominant cellulite. It is recommended that you apply the cream prior to exercise for the best effect, and our therapists will advise you of the most effective way to apply the product.

Your Cellulite Treatment includes:

- ❖ Begin this highly effective regime with a gentle Peeling of Babor Enzyme powder that is applied with a body brush to stimulate the circulation.
- ❖ Babor Thermo lotion is rubbed into the skin prior to the 3D cellulite cream, which is then applied with a special massage technique devised by Babor to gain the most effective elimination of cellulite.
- ❖ This treatment will feel warm, and as cellulite under the skin can be sensitive, during and following your treatment you may experience the feeling of a more intense exercise routine because it is very stimulating.

This treatment is truly amazing!!!!

Upper arm	Treatment Time: 30 mins	Rp.500, 000
Legs	Treatment Time: 30 mins	Rp.750, 000
Tummy	Treatment Time: 30 mins	Rp.650, 000
Full Body	Treatment Time: 90 mins	Rp 1,500,000

WAXING TREATMENTS FOR THE WHOLE BODY

Full leg	Rp. 450,000
Half leg	Rp. 300,000
Bikini	Rp. 250,000
Under arm	Rp. 250,000

**Note: For a comfortable wax, it is preferred the hair is at least 2cm long
We are unable to provide a full Brazilian Wax treatment**

All prices are Net

Puri Mas In-House Guests Receive 10% discount off of all Spa treatment

BABOR
SPA

BABOR EFFECTIVE TOUCH BODY TREATMENT METHOD

Babor Spa combines state-of-the art stem cell research with exquisite fragrance compositions to create a unique spa experience. Anti-aging active ingredients from stem cells of the Elsberry and Champagne pear harness the primal power of these centuries-old plants. Babor developed these highly effective active ingredients exclusively for the select Babor SPA body-care line, combining anti-aging body effects with relaxation & indulgence.

We highly recommended you enjoy these wonderful treatments in sequence of your stay individually or as a great value triple pack.

ARRIVAL – Cashmere Wood is all About Balance for a stronger recharged you!

BABOR SPA BALANCING CASHMERE WOOD - Jetlagged, travel weary & hectic lifestyles leave you out of kilter – Begin your holiday by rebalancing your body with these specially blended aromas & textures. **Cashmere wood** creates inner strength while enhancing the skin's natural defences.

Commence your treatment with cashmere wood sugar oil peeling to nourish and exfoliate. Centre yourself showering in luxury with baby soft cashmere wood shower milk. Achieve an instant all-over body glow with a massage using the unique Babor technique and cashmere wood massage oil – after your massage a light wash with a warm towel before we apply the cashmere wood body lotion. We use a special technique that gives time for the lotion to act as a moisturising mask. Your treatment comes to a close with a kneading candle gently massaging your feet with its warm woody scent.

Treatment time: 2hrs Rp. 850,000

ALL ABOUT RELAXATION – Enjoy this treatment any time of day – but at night by candlelight is the ultimate experience!!

Babor Spa Relaxing Lavender and Mint soothes the skin for a calm feeling of inner peace. Delicate essence of lavender-mint wraps the body in a sense of true comfort and well-being.

Uncover smoother skin gently with a lavender peeling cream using exfoliating beads of black currant. Calm the spirit and nourish the skin showering with lavender mint shower oil. The delicious aroma of sleep-well calming mist will promote deep relaxation during your unique Babor massage using the lavender & mint massage oil finishing with a polish of Lavender body butter – this treatment is unforgettable.

Treatment Time: 2hrs Rp. 850,000

ALL ABOUT ENERGY– awaken and revive your inner self!

Babor Spa Energizing Lime & Mandarin arouses all five senses as it rejuvenates the skin with refreshing notes of fruity mandarin and bitter fresh lime. Stimulate cellular renewal and remove unwanted skin cells with this uplifting peeling gel that activates as it smoothes. Enjoy the wake up call you get when you shower with the exhilarating gel cleanser before falling into total bliss with Babor's refreshing massage oil filled with essence of citrus. Revive and refresh as creamy effervescent foam, enriched with silk extract, is massaged into your skin as your treatment comes to a close. **Treatment time: 2hrs Rp. 850.000**

RESERVE EFFECTIVE TOUCH TREATMENTS IN A BLOCK OF THREE TO RECEIVE A TOTAL 20% DISCOUNT



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RITUALS FOR YOUR BODY

Babor ScenTao Hot Stone Massage – Quite Simply Unforgettable!!

This aromatic, sexy skincare range has calming active ingredients that we combine with shiatsu massage movements to re-establish the body’s natural balance, and restore the flow of the body’s natural energy or qi. An energizing all-over massage the shiatsu technique is combined with heated lava stones. A Babor Salt Peeling combined with a massage ritual for the face using Asian fragrances relaxes the Body, Mind and Soul. In keeping with the holistic approach of the Asian philosophy of life, this treatment is rounded off with a body spray of hypnotic fragrances. Feel your strength renewed your skin and senses totally revived.

Treatment time: 90 mins Rp. 810,000

BABORGANIC BODY - The best of the best of Baborganic's Body! Baborganic Snowflakes and Candle touch Ritual is a 90-minute treatment – A gift from the fresh mountain springs and flowers!

Baborganic Body is a Pure Organic Treatment ideal for those who have sensitive skin and compassion for our environment. Babor Organic products contain natural extracts of certified organic ingredients. This means there are no synthetic colourants, perfume substances, animal raw materials, petroleum-based ingredients or irradiated raw materials.

Leave the stress of your daily life behind and experience beauty in its purest form. Let yourself be awakened by this Baborganic treatment. Enjoy the feeling of gentle snowflakes on your skin and an exceptional massage: Experience sheer indulgence that includes a mild powder snow body brush exfoliation, a massage using age preventing body cream of white almond and elderberry blossom. The climax of this treatment is the warm wax from the Baborganic wellness candle softening and massaging your feet.

Treatment Time: 90 mins Rp. 999,000

Remineralising Silk Pearl Body Treatment and Wrap

Using powdered pearl shells and mulberry silk this fabulous treatment begins with a light body buff to remove loose and unwanted skin. You will then be covered with the delicious pearl mousse mask – a gift from the ocean. A traditional banana leaf wrap covers and warms the body to fully absorb the minerals and goodness from the mask. Following a shower, a body lotion full of vitamins A, C and E is gently massaged into your skin to complete your treatment.

Treatment time: 60mins Rp. 525,000

BABOR Cleopatra Body Treatment: - Sensational for those with delicate or dry skin.

This exotic treatment provides the ultimate in relaxation for those who aspire to attain beautiful skin just like the ancient queen, Cleopatra.

Begin with a body exfoliation using fine salt crystals mixed into a rich cream that smooths and remineralises the skin. The salt crystals are smoothed away with a warm washcloth, and a lactic clay mask is applied over your body. While the mask works its magic enjoy a gentle foot massage before removing the mask with a warm shower. Your treatment completes with the application of an all over body cream of A, C and E. This treatment can restore your skin to a smooth texture, and protect your skin from free radicals.

Treatment time: 60 mins Rp. 500,000



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Puri Mas In-House Guests Receive 10% Discount From All Spa Treatments

PACKAGES, INDONESIAN THERAPIES, PURI MAS SPECIALTY RITUALS

PURI MAS FULL DAY SPA (6hrs)

There is no better way to spend a day, than to be treated like a Queen – or King - This full day spa is not just for the ladies!

Welcome to our full day spa that includes treatments for your whole body

Babor Body – The Works:

Babor Body Salt Peeling – an amazing body exfoliation to revive and energise tired, flaking or dry skin Shower to remove the salt peeling revealing silky smooth skin.

Enjoy a full Body Massage using a choice from the Babor range of **Effective Touch** Relaxing, Energizing or Balancing Therapies.

A relaxing bath with your choice of a **traditional flower bath** – or using a fragrance from the Babor Effective Touch Bath Milk or Bath Oil to match your massage fragrance!

Babor Face:

Delight in a Perfect Combination Babor Facial that includes a luxurious foot and hand massage

Alessandro Hands & Feet:

A Manicure & Pedicure from Alessandro – complete with your choice of nail polish or French manicure.

LUNCH

Enjoy a relaxing lunch during your full day spa treatment, walk in the grounds, meditate in our Joglo House, or revitalise in our wellbeing pool. **Lunch may be chosen from our Spa Lunch menu. Your treatment continues after lunch.**

Treatment Time: 6hrs Rp. 2,100,000 (Includes lunch and healthy beverage)

PURI MAS ROYAL PACKAGE (3hrs)

Your three-hour treatment begins with a Babor Perfect Combination Facial.

The Indonesian Royal Court has made the Lulur Therapy legendary as one of Indonesia’s most favourite treatments as a pre wedding skin preparation. This highly popular package will end with a delicious massage with warm fragrant oil.

Treatment Time: 3hrs Rp. 980,000

INDONESIAN SPECIALITY TREATMENTS

BOREH – an age-old treatment of Indonesia

A health giving body treatment traditionally performed in local villages. It helps to relieve the muscles of aches and pains and exhaustion, early flu symptoms and general feelings of being a little run down. It improves blood circulation and has a detoxifying effect. This body therapy uses an ancient recipe of cloves, pepper, cinnamon and chilli powder. Your body is wrapped in banana leaves to allow the Boreh to be readily absorbed by the body.

Treatment Time: 2hrs Rp. 530,000

LULUR THERAPY – A right Royal Treatment!!

Lulur is taken from the island of Java, a royal treatment used for kings and queens in ancient times to prepare daily 40 days before their wedding day – and in some courts is still carried out today!! It is made from a blend of fine spices and roots of turmeric, kemiri, & rice powder. Lulur therapy is a luxurious body scrub, believed to be one of nature’s best exfoliating methods that cleanses smooths and rejuvenates your skin.

To complete the treatment a body mask of yoghurt is applied to smooth and cool the body.

Treatment Time: 2hrs Rp. 575,000

GREEN TEA BODY TREATMENT - bursting with ageing-well anti-oxidants!

Your treatment begins with a choice of a body exfoliation using coarsely ground green tea, or a gentle mask made from green tea powder blended with green tea essence to moisturise the skin. You are wrapped in banana leaves for a warming and moisturising effect. Showering is followed by a relaxing massage with fragrant green tea oil.

Treatment Time: 2hrs Rp. 575,000

PURI MAS FEMININE BODY SPA – leaves you joyful

Enrich your skin with moisture, perfect for dry skin suffering the effects of office life and air conditioning!

A massage using the delicate and uplifting oil of mandarin is followed by a fresh papaya fruit and fresh orange juice body mask that soaks into your skin leaving it feeling soft, youthful and desirable.

Treatment time: 90mins Rp. 450,000

QUICK PICK BODY EXFOLIATIONS

Choose a body exfoliation of **Green Tea, Lulur, or Babor Salt Peeling** – ideal to prepare your body for the sun. Your skin will be gently exfoliated to remove unwanted skin, leaving it shiny and new.

Don’t forget to refresh your skin before travelling home – a long plane journey without a good exfoliation will often cause your skin to flake and peel.

Treatment Time: 30 mins Rp. 280,000 (Massage not included)

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